































Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	<b>Chocolate Waffle</b> 	<b>Teriyaki Chicken Sandwich</b> 	<b>Banana Cake</b> 	<b>Ham Pizza Sandwich</b> 	<b>Mixed Fruit Muesli Yogurt</b> 
	<b>Milk &amp; Fruit</b>	<b>Juice &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Juice &amp; Fruit</b>	<b>Milk &amp; Fruit</b>
Western	<b>Grilled Chicken with Pizza Sauce</b> 	<b>Blanched Vegetables</b> 	<b>Chicken Parmigiana</b> 	<b>Spicy Seafood Spaghetti</b> 	<b>Pork Lasagna</b> 
Western	<b>Carrots and Peas</b> 	<b>Stir-Fried Spaghetti with Dried Chili and Pork</b> 	<b>Potato Wedges</b> 	<b>Buttered Corn</b> 	<b>Chicken Sausage</b> 
Asian	<b>Tom Kha Gai (Thai Coconut Soup)</b> 	<b>Pork Larb</b> 	<b>Pork Yakisoba (Japanese Stir-fried Noodles)</b> 	<b>Thai Pumpkin and Egg Stir Fry</b> 	<b>Thai Basil Chicken</b> 
Asian	<b>Seafood Fried Rice</b> 	<b>Chinese Braised Soy Sauce Chicken</b> 	<b>Thai Omelette and Chicken Soup</b> 	<b>Teriyaki Chicken</b> 	<b>Fried egg</b> 
Noodle Soup	<b>Pork Noodles</b> 	<b>Yen Ta Fo (Thai Pink Noodle Soup)</b> 	<b>Khanom Jeen Nam-Ya</b> 	<b>Chicken Rice Soup</b> 	<b>Ramen</b> 
Salad Bar	<b>Salad Bar</b>	<b>Salad Bar</b>	<b>Salad Bar</b>	<b>Salad Bar</b>	<b>Salad Bar</b>
Afternoon Snack	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>



Egg



Wheat



Dairy

































Gluten free



Vegetarian

All our menus are subject to change without notice due to unforeseen circumstances. The children are given an adequate similar food/snack in any event this happens.

Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Waffle 	Chocolate Sandwich 	Apple Crumble 	Tuna Sandwich 	Milk Cake 
	Milk & Fruit	Juice & Fruit	Milk & Fruit	Juice & Fruit	Milk & Fruit
Western	Broccoli and Cheese 	Pork Stew 	Blanched Vegetables 	Black Pepper Grilled Chicken 	Creamy Mushroom Pasta 
Western	Spicy Pork Spaghetti 	Onion ring 	Spaghetti Carbonara 	Chicken Sausage 	Baked Pumpkin 
Asian	Fried Chicken with Fish Sauce 	Broccoli Corn Carrot Stir Fry 	Sweet and Sour Fish 	Grilled Chicken 	Thai Three-flavoured Fish 
Asian	Japanese Seaweed Soup 	Tom Yam Pla (Thai Spicy and Sour Soup with Fish) 	Pork Blood Soup 	Chinese Cabbage and Minced Pork Soup 	Chicken and Bitter Gourd Soup 
Noodle Soup	Fish Ball Noodles 	Rad Na Gai (Thai Gravy Noodles with Chicken) 	Chicken Noodles (Clear Soup) 	Prawn Rice Soup 	Sukhothai Noodles 
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Afternoon Snack	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit



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Morning Snack	<b>Crab Stick Sandwich</b> 	<b>Chinese Bun</b> 	<b>Burger</b> 	<b>Sausage Sandwich</b> 	<b>Chocolate Fudge Cake</b> 
	<b>Milk &amp; Fruit</b>	<b>Juice &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Juice &amp; Fruit</b>	<b>Milk &amp; Fruit</b>
Western	<b>Spagettini Cream Ebiko</b> 	<b>Baked Pumpkin</b> 	<b>Chicken Sausage</b> 	<b>Grilled Chicken with Onion Sauce</b> 	<b>BBQ Chicken</b> 
Western	<b>Deep Fried Chicken</b> 	<b>Herb Grilled Fish</b> 	<b>Tomato Pasta</b> 	<b>Buttered Vegetables</b> 	<b>Potato Stir Fry</b> 
Asian	<b>Tom Saap (Hot and Spicy Pork Soup)</b> 	<b>Egg Fried Rice</b> 	<b>Thai Basil Chicken</b> 	<b>Chicken and Ash Gourd with Preserved Lime Soup</b> 	<b>Baked Shrimp with Glass Noodles</b> 
Asian	<b>Broccoli and Pork Stir Fry</b> 	<b>Garlic Chicken Stir Fry</b> 	<b>Egg Stew in Chinese Five Spices Sauce</b> 	<b>Pineapple Baked Rice</b> 	<b>Pork and Tofu Soup</b> 
Noodle Soup	<b>Ramen</b> 	<b>Rad Na Moo (Thai Gravy Noodles with Pork)</b> 	<b>Pork Noodles</b> 	<b>Pork Rice Soup</b> 	<b>Barbecued Red Pork Noodles</b> 
Salad Bar	<b>Salad Bar</b>	<b>Salad Bar</b>	<b>Salad Bar</b>	<b>Salad Bar</b>	<b>Salad Bar</b>
Afternoon Snack	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>



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Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	<b>Sausage Roll</b> 	<b>Egg Drop Sandwich</b> 	<b>Brownie</b> 	<b>Chicken Cheese Sandwich</b> 	<b>Chocolate Muffins</b> 
	<b>Milk &amp; Fruit</b>	<b>Juice &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Juice &amp; Fruit</b>	<b>Milk &amp; Fruit</b>
Western	<b>Garlic Bread</b> 	<b>Fried Vegetables</b> 	<b>Spaghetti Olio Aglio</b> 	<b>Sweet Corn</b> 	<b>Grilled Mushrooms</b> 
Western	<b>Grilled Fish with Lemon Sauce</b> 	<b>Spinach Quiche</b> 	<b>Grilled BBQ Chicken</b> 	<b>Seafood Paella</b> 	<b>New Orleans Chicken</b> 
Asian	<b>Chicken Panang Curry</b> 	<b>Pork Blood Soup</b> 	<b>Spicy Mixed Salad</b> 	<b>Bak Kut Teh</b> 	<b>Som Tum Thai (Green Papaya Salad)</b> 
Asian	<b>Pork and Cabbage Stir Fry</b> 	<b>Hainanese Chicken Rice</b> 	<b>Mixed Vegetable and Pork Stir Fry</b> 	<b>Fried Nori Chicken</b> 	<b>Pork Fried Rice</b> 
Noodle Soup	<b>Beef Meatballs Noodles in Clear Soup</b> 	<b>Mixed Sukiyaki</b> 	<b>Braised Chicken Noodles</b> 	<b>Tom Yum Noodles</b> 	<b>Rolled Rice Noodles with Pork in Five-spices Broth</b> 
Salad Bar	<b>Salad Bar</b>	<b>Salad Bar</b>	<b>Salad Bar</b>	<b>Salad Bar</b>	<b>Salad Bar</b>
Afternoon Snack	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>



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Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	<b>Old School Sandwich</b> 	<b>Vanilla Cake</b> 	<b>Sweet Taro Buns</b> 	<b>Ham and Cheese Sandwich</b> 	<b>Butter Cookie</b> 
	<b>Milk &amp; Fruit</b>	<b>Juice &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Juice &amp; Fruit</b>	<b>Milk &amp; Fruit</b>
Western	<b>Pasta Pork Bolognese</b> 	<b>Baked Potato</b> 	<b>Honey Baked Chicken</b> 	<b>Penne with Prawn Bisque Pesto</b> 	<b>Paprika Pork</b> 
Western	<b>Pineapple Chicken</b> 	<b>Crumbed Fish</b> 	<b>Pumpkin Soup</b> 	<b>Deep Fried Chicken</b> 	<b>Mashed Potato</b> 
Asian	<b>Yum Khai Dao (Fried Egg Salad)</b> 	<b>Pork Dark Soy Fried Rice</b> 	<b>Mixed Vegetable and Crispy Pork Stir Fry</b> 	<b>Curry Chicken Stir Fry</b> 	<b>Grilled Chicken with Thai Sweet Chilli Sauce</b> 
Asian	<b>Tod Mun Pla (Thai Fish Cakes)</b> 	<b>Seaweed Soup with Chicken</b> 	<b>Stir-fried Rice Noodles with Soy Sauce and Pork</b> 	<b>Chinese Cabbage Soup</b> 	<b>Winter Melon Chicken Soup</b> 
Noodle Soup	<b>Pork Silver Needle Noodles</b> 	<b>Khao Soi Gai</b> 	<b>Fish Rice Soup</b> 	<b>Kanom Jeen Nam-Prik</b> 	<b>Beef Ball Noodles</b> 
Salad Bar	<b>Salad Bar</b>	<b>Salad Bar</b>	<b>Salad Bar</b>	<b>Salad Bar</b>	<b>Salad Bar</b>
Afternoon Snack	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>	<b>Milk &amp; Fruit</b>



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