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|-----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Morning Snack | Imitation Crab and Shrimp Roe Sandwich     | Strawberry Yogurt with Fresh Fruits    | Banana Chocolate Cake     | Chicken Caesar Cheese Sandwich     | Apple Crumble    |
| | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit |
| Western /Asian | Galinhada    | Baked Potatoes    | Grilled Chicken with Gravy   | Buttered Baked Corn   | Pork Lasagna     |
| | Fried Egg   | Popcorn Chicken  | Spicy Dried Chili Pasta with Seabass     | Barbecue Grilled Chicken   | Butter Stir-Fried Vegetables    |
| | Chicken Basil Stir-Fry   | Stir-Fried Mixed Vegetables with Shrimp   | Chinese Chicken Sausage Salad  | Seafood Mee Goreng    | Japanese Salmon Fried Rice   |
| Noodle Soup | Black Broth Ramen     | Crispy Pork Noodles    | Stewed Chicken Noodles    | Chicken Soup   | Clear Soup with Chicken and Seaweed   |
| Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |
| Afternoon Snack | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit |



Egg



Wheat



Dairy



































































Gluten free



Vegetarian

All our menus are subject to change without notice due to unforeseen circumstances. The children are given an adequate similar food/snack in any event this happens.

| Weekday | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Morning Snack | Waffle     | Chicken Pizza Cheese Bread    | Chicken Sausage Roll     | Ham and Cheese Sandwich     | Brownie     |
| | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit |
| Western /Asian | Pork Bolognese Spaghetti    | Mashed Potatoes   | Chicken Cracking   | Grilled Fish with Pesto Sauce    | Shepherd's Pie    |
| | Potato Wedges   | Grilled Chicken Pizza  | Truffle Mushroom Soup with Crispy Bread   | Ratatouille   | Fried Egg   |
| | Grilled Chicken with Jaew Sauce  | Egg Fried Rice   | Pad Thai with Prawn    | Pork with Lime Sauce  | Grilled Chicken with Teriyaki Sauce  |
| Noodle Soup | Mixed Suki     | Spicy and Sour Fish Soup   | Braised Eggs and Chicken in Five-Spice Stew    | Clear Soup with Cabbage, Seaweed, and Chicken   | Ramen     |
| Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |
| Afternoon Snack | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit |



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| Morning Snack | Mixed Fruit Cereal    | Chicken Sausage Roll     | Ham and Cheese Twist     | Hamburger     | Chocolate Fudge Cake     |
| | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit |
| Western /Asian | French Fries  | Spaghetti Carbonara    | Pork with Pepper Sauce   | Arroz Carreteiro    | Grilled Herb Fish  |
| | Fried Fish  | Larb-Flavored Roast Chicken  | Sauerkraut  | Stir-Fried Chicken with Chili Paste  | Buttered Baked Corn   |
| | Grilled Chicken with Red Sauce   | Stir-Fried Pork with Oyster Sauce  | Hainanese Chicken Rice   | Prawn Omelette   | Tonkatsu (Fried Pork Cutlet)   |
| Noodle Soup     | Seafood Rice Soup   | Chicken Potato Soup   | Clear Soup with Cabbage, Seaweed, and Chicken   | Braised Chicken Noodles   | |
| Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |
| Afternoon Snack | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit |



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| Morning Snack | Yogurt with Oats and Fresh Fruits     | Korean Egg Drop Sandwich     | Banana Cake     | Pizza Bread     | Egg Cake     |
| | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit |
| Western /Asian | Pasta Aglio e Olio with Ham     | Galinhada    | New Orleans Chicken  | Grilled Sweet Corn with Cheese  | Wiener Schnitzel   |
| | Chicken Crackling   | Grilled Chicken Sausage    | Baked Cheese Tomatoes    | Spaghetti Carbonara    | Mashed Potatoes    |
| | Stir-Fried Mixed Vegetables with Prawn  | Baked Chicken with Shiitake Mushrooms  | Crab Fried Rice   | Red BBQ Pork with Chinese Sausage on Rice  | Stir-Fried Oyster Mushrooms with Minced Pork  |
| Noodle Soup | Spicy Pork Noodles (Tom Yum)     | Creamy Tom Yum Fish    | Braised Pork Noodles   | Chicken Curry Noodles     | Duck Noodles    |
| Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |
| Afternoon Snack | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit |



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| Morning Snack | Cranberry Waffle     | Strawberry Yogurt with Fresh Fruits    | Young Coconut Cake     | Pizza Bread     | Oatmeal Chocolate Chip Cookies     |
| | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit |
| Western /Asian | Ratatouille   | Truffle Mushroom Cream Pasta    | Chicken Finger   | Chicken Parmigiana   | Mac & Cheese    |
| | Baked Chicken with Pizza Sauce   | Mediterranean-Style Baked Chicken   | Stir-Fried Pork with Chili Paste  | Paella (Spanish Fried Rice)    | Potato Wedges  |
| | Seafood Fried Rice    | Fried Fish  | Vietnamese-Style Pan Eggs   | Tofu with Minced Pork    | Korean Fried Chicken  |
| Noodle Soup | Baked Chicken Noodles    | Cabbage Soup   | Yen Ta Fo Noodles   | Clear Soup with Winter Melon and Chicken   | Pork Rice Soup   |
| Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |
| Afternoon Snack | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit | Milk & Fruit |



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