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Morning Snack	Imitation Crab and Shrimp Roe Sandwich 	Strawberry Yogurt with Fresh Fruits 	Banana Chocolate Cake 	Chicken Caesar Cheese Sandwich 	Apple Crumble 
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western	Galinhada 	Baked Potatoes 	Grilled Chicken with Gravy 	Buttered Baked Corn 	Pork Lasagna 
Western	Onion Rings 	Popcorn Chicken 	Spicy Dried Chili Pasta with Seabass 	Barbecue Grilled Chicken 	Butter Stir-Fried Vegetables 
Asian	Chicken Basil Stir-Fry 	Stir-Fried Mixed Vegetables with Shrimp 	Chinese Chicken Sausage Salad 	Seafood Mee Goreng 	Clear Soup with Chicken and Seaweed 
Asian	Fried Egg 	Pink Stir-Fried Noodles 	Chicken Panang Curry 	Spicy and Sour Chicken Soup 	Japanese Salmon Fried Rice 
Noodle Soup	Black Broth Ramen 	Crispy Pork Noodles 	Stewed Chicken Noodles 	Pork Rice Soup 	Pork with Gravy Noodles (Rad Naa) 
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Afternoon Snack	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit



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Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Waffle    	Chicken Pizza Cheese Bread   	Chicken Sausage Roll    	Ham and Cheese Sandwich    	Brownie    
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western	Pork Bolognese Spaghetti   	Mashed Potatoes  	Chicken Crackling  	Grilled Fish with Pesto Sauce   	Shepherd's Pie   
Western	Potato Wedges  	Grilled Chicken Pizza 	Truffle Mushroom Soup with Crispy Bread  	Ratatouille  	Fried Egg  
Asian	Chicken Pumpkin Curry  	Spicy and Sour Creamy Fish Soup  	Braised Eggs and Chicken in Five-Spice Stew   	Pork with Lime Sauce 	Grilled Chicken with Teriyaki Sauce 
Asian	Grilled Chicken with Jaew Sauce 	Egg Fried Rice  	Pad Thai with Prawn   	Clear Soup with Cabbage, Seaweed, and Chicken  	Stir-Fried Beans with Minced Pork and Black Bean Sauce  
Noodle Soup	Mixed Suki    	Yen Ta Fo Noodles    	Vietnamese Pork Noodle Soup  	Khao Soi with Chicken   	Ramen    
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Afternoon Snack	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit



Egg



Wheat



Dairy







































































Gluten free
















































































Vegetarian

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Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Mixed Fruit Cereal   	Chicken Sausage Roll    	Ham and Cheese Twist    	Hamburger    	Chocolate Fudge Cake    
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western	French Fries 	Grilled Mushrooms and Chicken Sausage    	Pork with Pepper Sauce  	Arroz Carreteiro   	Grilled Herb Fish 
Western	Fried Fish 	Spaghetti Carbonara   	Sauerkraut 	Goulash with Grilled Bread   	Buttered Baked Corn  
Asian	Stewed Pork Ribs with Pickled Mustard Greens 	Larb-Flavored Roast Chicken 	Chicken Potato Soup  	Stir-Fried Chicken with Chili Paste 	Tonkatsu (Fried Pork Cutlet)  
Asian	Grilled Chicken with Red Sauce  	Stir-Fried Pork with Oyster Sauce 	Hainanese Chicken Rice  	Prawn Omelette  	Japanese Chicken Curry   
Noodle Soup	Pork Boat Noodles  	Seafood Rice Soup  	Thai Rice Noodles with Spicy Fish Curry  	Pork Chinese Roll Noodle Soup   	Braised Chicken Noodles  
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Afternoon Snack	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit



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Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Yogurt with Oats and Fresh Fruits    	Korean Egg Drop Sandwich    	Banana Cake    	Pizza Bread    	Egg Cake    
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western	Pasta Aglio e Olio with Ham    	Galinhada   	New Orleans Chicken 	Grilled Sweet Corn with Cheese 	Wiener Schnitzel  
Western	Chicken Crackling  	Grilled Chicken Sausage   	Baked Cheese Tomatoes   	Spaghetti Carbonara   	Mashed Potatoes   
Asian	Chicken Coconut Soup  	Baked Chicken with Shiitake Mushrooms 	Crab Fried Rice  	Red BBQ Pork with Chinese Sausage on Rice 	Steamed Seafood Curry  
Asian	Stir-Fried Mixed Vegetables with Prawn 	Creamy Tom Yum Fish   	Sweet and Sour Chicken  	Spicy Thai Herb Soup with Prawn  	Stir-Fried Oyster Mushrooms with Minced Pork 
Noodle Soup	Spicy Pork Noodles (Tom Yum)    	Thai Rice Noodles with Northern Thai Pork Curry  	Braised Pork Noodles  	Chicken Curry Noodles    	Duck Noodles   
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Afternoon Snack	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit



Egg



Wheat



Dairy













































































Gluten free



Vegetarian

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Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cranberry Waffle    	Strawberry Yogurt with Fresh Fruits   	Young Coconut Cake    	Pizza Bread    	Oatmeal Chocolate Chip Cookies    
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western	Ratatouille  	Truffle Mushroom Cream Pasta   	Chicken Finger  	Chicken Parmigiana  	Mac & Cheese   
Western	Baked Chicken with Pizza Sauce  	Mediterranean-Style Baked Chicken  	Cream of Mushroom Soup   	Paella (Spanish Fried Rice)   	Potato Wedges 
Asian	Winter Melon Soup with Pork Ribs  	Northern Thai Pork Chili Dip  	Stir-Fried Pork with Chili Paste 	Tofu with Minced Pork   	Korean Fried Chicken 
Asian	Seafood Fried Rice   	Fried Fish Cakes  	Vietnamese-Style Pan Eggs  	Clear Soup with Winter Melon and Chicken  	Thai Rice Noodles with Green Curry Chicken  
Noodle Soup	Baked Chicken Noodles   	Chicken Boat Noodles  	Yen Ta Fo Noodles  	Laksa Noodles   	Pork Rice Soup  
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Afternoon Snack	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit



Egg



Wheat



Dairy



Gluten free



Vegetarian

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