

Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Yogurt with Fresh Fruit    	Waffle     	Chicken & Egg Sandwich    	Ham & Cheese Sandwich    	Banana Cake    
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western	Pork Aglio e Olio Pasta   	Roasted Potatoes  	Pork with Peppercorn Sauce  	Buttered Baked Corn  	Roast Chicken with Gravy   
Western	Pumpkin Soup  	Herb-Grilled Fish  	Chicken Bolognese Spaghetti    	Crispy Chicken Bites 	Salmon Fried Rice   
Asian	Chicken Holy Basil  	Sweet Chicken  	Stir-Fried Mixed Vegetables with Shrimp  	Stir-Fried Seafood with Soy Sauce Noodles   	Chicken & Seaweed Clear Soup  
Asian	Fried Egg  	Egg Fried Rice    	Chicken Massaman Curry  	Mild Spicy Thai Pork Rib Soup 	Garlic & Pepper Pork  
Noodle Soup	Ramen  	Pork Noodle Soup  	Roasted Chicken Noodle Soup  	Chicken Khao Soi (Northern Thai Curry Noodles)  	Stir-Fried Noodles with Pork in Gravy Sauce (Rad Na Moo)  
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Afternoon Snack	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit



Egg



Wheat



Dairy



Gluten free



Vegetarian

All our menus are subject to change without notice due to unforeseen circumstances. The children are given an adequate similar food/snack in any event this happens.

Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cornflakes & Choco Crunch with Milk   	Egg Cake    	Ham & Cheese Sandwich    	Chicken & Egg Sandwich    	Pandan Custard    
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western	Pork Aglio e Olio (Garlic & Chili Pasta)   	Potato Wedges  	Crispy Chicken  	BBQ Chicken   	Baked Spinach with Cheese  
Western	Fried Chicken 	Black Pepper Grilled Chicken 	Buttered Baked Corn 	Mixed Roasted Vegetables 	Fried Egg  
Asian	Tom Kha Gai (Coconut Chicken Soup) 	Thai Spicy Minced Pork Salad (Larb) 	Creamy Tom Yum Fish Soup 	Egg Fried Rice  	Teriyaki Chicken 
Asian	Stir-Fried Broccoli with Shrimp 	Thai Soy-Braised Egg  	Stir-Fried Glass Noodles with Pork   	Chinese Cabbage & Seaweed Pork Soup  	Stir-Fried Mixed Vegetables with Mushrooms  
Noodle Soup	Thai Pork Noodle Soup   	Thai Shredded Chicken Noodles    	Vietnamese Chicken Noodle Soup (Kuy Teav)  	Yen Ta Fo Noodle Soup   	Braised Chicken Noodle Soup  
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
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Morning Snack	Cornflakes and Cocoa Crunch with Fresh Fruit   	Chicken Breast & Cheese Sandwich    	Banana Cake   	Yogurt with Fresh Fruit    	Chocolate Cake    
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western	Grilled Chicken Sausage    	Grilled Mushrooms 	Pork with Peppercorn Sauce  	Chicken Lasagna   	BBQ Grilled Chicken 
Western	Baked Macaroni with Cheese   	Spaghetti Carbonara  	Mashed Potatoes 	Grilled Vegetables  	Buttered Baked Corn   
Asian	Potato Soup  	Thai Tamarind Glazed Eggs (Khai Luk Khey)  	Chicken & Mixed Vegetable Soup 	Black Pepper Chicken 	Pad Thai with Shrimp  
Asian	Southern Thai-Style Grilled Chicken (Kai Golae) 	Thai Chicken Rice (Khao Nar Gai) 	Hainanese Chicken Rice  	Steamed Egg with Mixed Toppings  	Boiled Chicken Sausage 
Noodle Soup	Spicy Pork Noodle Soup (Tom Yum Moo)  	Ramen Noodle Soup  	Thai Rice Noodles with Fish Curry  	Pork Kuay Jub (Peppery Rice Noodle Soup)   	Tom Yum Pork Noodle Soup   
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Afternoon Snack	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit



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Morning Snack	Cornflakes with Fresh Fruit   	Strawberry Waffle    	Chicken & Cheese Sandwich    	Yogurt with Fresh Fruit    	Brownie    
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western	Pork Meatball Spaghetti 	American Fried Rice  	New Orleans Chicken 	Grilled Vegetables  	Wiener Schnitzel  
Western	Roasted Potatoes  	Fried Egg 	Buttered Stir-Fried Vegetables   	Creamy Shrimp Pasta with Shrimp Roe  	Seafood Aglio e Olio   
Asian	Pork Bone & Winter Melon Soup 	Thai Red Curry with Chicken & Pumpkin  	Thai Corn Som Tam (Green Papaya Salad)  	Red Pork Rice with Chinese Sausage 	Cabbage & Minced Pork Clear Soup with Glass Noodles 
Asian	Grilled Chicken with Jaew Sauce 	Steamed Fish with Soy Sauce 	Black Pepper Pork 	Tofu & Minced Pork Clear Soup 	Southern Thai Chicken Curry (Kua Kling)  
Noodle Soup	Giam-ii Noodles (Short Rice Noodles) and Minced Pork   	Thai Pork Noodle Soup  	Thai Suki Noodle Soup   	Chicken Curry Noodle Soup  	Ramen Noodle Soup   
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
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Morning Snack	Chocolate Waffle    	Ham & Cheese Sandwich   	Strawberry Yogurt with Fresh Fruit    	Chicken Sausage Sandwich    	Orange Cake    
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western	Creamy Mushroom Pasta   	Creamy Tom Yum Seafood Pasta   	Paella (Spanish Seafood Rice)  	Chicken Parmigiana  	Pork Lasagna   
Western	Stir-Fried Cabbage with Fish Sauce 	Chicken Stew  	Roasted Potatoes  	Omelette  	Roasted Green Beans & Carrots  
Asian	Winter Melon Soup with Pork Ribs  	Teriyaki Chicken 	Stir-Fried Zucchini with Pork 	Japanese-Style Pork with Soy Sauce 	Korean Fried Chicken 
Asian	Garlic & Pepper Pork 	Thai-Style Pan-Fried Eggs (Khao Kratha)  	Steamed Pork with Lime Sauce 	Stir-Fried Wheat Noodles (Mee Sua) 	Thai Green Curry with Fish Balls & Rice Noodles 
Noodle Soup	Thai Red Pork Noodle Soup   	Braised Pork Noodle Soup  	Braised Chicken Noodle Soup  	Thai Beef Noodle Soup   	Pork Rice Soup  
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Morning Snack	Chocolate Waffle    	Ham & Cheese Sandwich   	Strawberry Yogurt with Fresh Fruit   	Chicken Sausage Sandwich    	Orange Cake    
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western /Asian	Creamy Mushroom Pasta 	Creamy Tom Yum Seafood Pasta   	Paella (Spanish Seafood Rice)  	Chicken Parmigiana   	Pork Lasagna   
	Fried Chicken 	Teriyaki Chicken 	Stir-Fried Zucchini with Pork  	Omelette 	Roasted Green Peas & Carrots 
	Stir-Fried Cabbage with Fish Sauce  	Thai-Style Pan-Fried Eggs (Khao Kratha) 	Mild Steamed Pork with Lime Sauce 	Japanese-Style Pork with Soy Sauce 	Pork with Bell Peppers 
Noodle Soup	Chicken & Carrot Clear Soup   	Braised Pork & Daikon Soup 	Chicken, Cabbage & Shiitake Mushroom Soup  	Miso Soup  	Pork Clear Soup  
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
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