

Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Yogurt with Fresh Fruit   	Waffle    	Chicken & Egg Sandwich    	Ham & Cheese Sandwich    	Banana Cake    
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western /Asian	Pork Aglio e Olio (Garlic & Chili Pasta)   	Herb-Grilled Fish   	Pork in Peppercorn Sauce  	Buttered Baked Corn  	Roast Chicken with Gravy    
	Thai Basil Chicken (Pad Kra Pao)  	Sweet & Sticky Chicken  	Chicken Bolognese Spaghetti   	Crispy Chicken Bites  	Salmon Fried Rice   
	Fried Egg 	Egg Fried Rice  	Stir-Fried Vegetables with Shrimp 	Stir-Fried Seafood with Soy Sauce Noodles   	Garlic & Pepper Pork  
Noodle Soup	Pork & Shiitake Mushroom Soup  	Chicken Clear Soup  	Three-Color Chicken Soup  	Mild Tom Yum Pork Soup  	Chicken & Seaweed Clear Soup 
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Afternoon Snack	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit



Egg



Wheat



Dairy



Gluten free



Vegetarian

All our menus are subject to change without notice due to unforeseen circumstances. The children are given an adequate similar food/snack in any event this happens.

Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cornflakes & Choco Crunch with Milk   	Egg Cake    	Ham & Cheese Sandwich    	Chicken & Egg Sandwich    	Pandan Custard    
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western /Asian	Pork Aglio e Olio (Garlic & Chili Pasta)   	Potato Wedges  	Crispy Chicken  	BBQ Chicken   	Baked Spinach with Cheese   
	Fried Chicken  	Black Pepper Grilled Chicken 	Buttered Baked Corn  	Boiled Mixed Vegetables 	Teriyaki Pork 
	Stir-Fried Broccoli with Shrimp 	Thai Spicy Minced Pork Salad (Larb)  	Stir-Fried Glass Noodles with Pork   	SpicEgg Fried Rice  	Stir-Fried Mixed Vegetables with Mushrooms 
Noodle Soup	Tom Kha Gai (Coconut Chicken Soup)    	Thai Soy-Braised Egg    	Chicken Clear Soup  	Chinese Cabbage & Seaweed Pork Soup  	Braised Chicken Noodle Soup  
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Afternoon Snack	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit



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Morning Snack	Ham & Cheese Sandwich   	Chicken Breast & Cheese Sandwich    	Banana Cake   	Yogurt with Fresh Fruit    	Chocolate Cake    
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western /Asian	French Fries 	Spaghetti Carbonara    	Pork with Peppercorn Sauce  	Chicken Lasagna   	BBQ Grilled Chicken 
	Fried Fish   	Thai Chicken Rice (Khao Nar Gai) 	Mashed Potatoes 	Grilled Vegetables  	Pad Thai with Shrimp    
	Three-Color Pork Fried Rice 	Thai Tamarind Glazed Eggs (Khai Luk Khey) 	Hainanese Chicken Rice  	Steamed Egg with Mixed Toppings   	Boiled Chicken Sausage   
Noodle Soup	Braised Pork & Shiitake Mushroom Soup  	Pork & Seaweed Clear Soup  	Chicken & Mixed Vegetable Soup  	Chicken & Potato Clear Soup  	Pork Tom Yum Noodle Soup  
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Afternoon Snack	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit



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Morning Snack	Tuna Sandwich   	Strawberry Waffle    	Chicken & Cheese Sandwich    	Yogurt with Fresh Fruit   	Brownie    
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western /Asian	Pork Meatball Spaghetti  	American Fried Rice  	New Orleans Chicken  	Creamy Shrimp Pasta with Shrimp Roe 	Wiener Schnitzel  
	Roasted Potatoes  	Fried Egg   	Sweet Corn 	Red Pork Rice  	Seafood Garlic Pasta   
	Grilled Chicken with Jaew Sauce   	Steamed Fish with Soy Sauce 	Black Pepper Pork 	Chinese Sausage 	Chicken with Oyster Sauce 
Noodle Soup	Pork Bone & Winter Melon Soup 	Chicken Clear Soup  	Chicken Egg Drop Soup  	Tofu & Minced Pork Clear Soup Noodle Soup  	Ramen Noodle Soup   
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Afternoon Snack	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit



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Morning Snack	Chocolate Waffle    	Ham & Cheese Sandwich   	Strawberry Yogurt with Fresh Fruit   	Chicken Sausage Sandwich    	Orange Cake    
	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit
Western /Asian	Creamy Mushroom Pasta 	Creamy Tom Yum Seafood Pasta   	Paella (Spanish Seafood Rice)  	Chicken Parmigiana   	Pork Lasagna   
	Fried Chicken 	Teriyaki Chicken 	Stir-Fried Zucchini with Pork  	Omelette 	Roasted Green Peas & Carrots 
	Stir-Fried Cabbage with Fish Sauce  	Thai-Style Pan-Fried Eggs (Khao Kratha) 	Mild Steamed Pork with Lime Sauce 	Japanese-Style Pork with Soy Sauce 	Pork with Bell Peppers 
Noodle Soup	Chicken & Carrot Clear Soup   	Braised Pork & Daikon Soup 	Chicken, Cabbage & Shiitake Mushroom Soup  	Miso Soup  	Pork Clear Soup  
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Afternoon Snack	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit	Milk & Fruit



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